

PRESS RELEASE

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MARCH OF DIMES AND ASTARTE MEDICAL SUPPORT NICU FAMILIES, STAFF THROUGH MEALS THAT MATTER

Astarte Medical provides meals to nourish families and front line staff in the NICU

(Philadelphia, PA November 16, 2021)— March of Dimes, the leading nonprofit fighting for the health of all moms and babies and Astarte Medical delivered 150 meals to families and clinical care workers in the NICUs at Thomas Jefferson University Hospital and at the Hospital of the University of Pennsylvania on November 9th in honor of Prematurity Awareness Month. Astarte Medical is a Yardley-based precision nutrition company using software and analytics to improve health outcomes for preterm infants cared for in the neonatal ICU. These meals are a result of the generosity and dedication of Astarte Medical and prepared at Wild Blue Catering by Chef Joe Gudonis, member of ACF Philadelphia Delaware Valley Chefs Association.

"We are happy to provide nutritious meals for frontline healthcare workers in the NICU at Jefferson and HUP. They spend so much time providing nurturing care for our families, it's time we provide for them," said Chef Joe Gudonis

"Nutrition is such an imperative part of health, not only for these tiny infants, but for their caregivers and families," said Tracy Warren, co-founder and CEO of Astarte Medical. "By partnering with March of Dimes, we are able to support NICU staff and families with nutritious

meals so they can care for themselves while caring for their preterm infants and vulnerable babies."

Recent precautions have limited parent presence and temporarily suspended access to meals for staff and families. This can make it difficult for staff and families that are spending extended time in the NICU. A healthy, nutritious meal is important to the comprehensive support team of family and clinical staff to give them sustenance and strength during stressful times.

"This is a time where we have lots of families in our unit and we are coming up on Thanksgiving, a time where people want to be with their families and this can potentially be a very lonely time for our unit. Thank you so much for giving back and showing that our families are thought about," says Michelle Ferrant, Clinical Nurse Specialist for Penn Medicine.

"I was honored to have the opportunity to partner with female-owned Astarte Medical to acknowledge and celebrate the commitment, dedication, passion and care Penn and Jefferson nurses bring to support all babies every single hour of every single day." said Cynthia Weiss, Greater Philadelphia/South Jersey March of Dimes chapter Board of Directors Chair Elect.

To learn more about how you can support all families and babies, visit <u>marchofdimes.org</u> or contact Allison Lang, Executive Director, Greater Philadelphia/South Jersey March of Dimes chapter at alang@marchofdimes.org.

To learn more about how Astarte Medical supports nutrition and feeding practices in the NICU through its clinical decision support platform, NICUtrition, visit <u>nicutrition.com</u> or contact Tammi Jantzen, CFO, Astarte Medical at tammi@astartemedical.com.

About March of Dimes

March of Dimes leads the fight for the health of all moms and babies. We support research, lead programs and provide education and advocacy so that every family can have the best possible start. Building on a successful 80-year legacy of impact and innovation, we support every pregnant person and every family. Visit marchofdimes.org or nacersano.org for more information. Visit shareyourstory.org for comfort and support. Find us on Facebook and follow us on Instagram and Twitter.

About Astarte Medical

Astarte Medical is a clinical intelligence company providing digital solutions to support nutrition and feeding practices in the NICU. NICUtrition® provides an intuitive presentation of feeding, nutrition and growth-related data to the NICU care team to improve outcomes for preterm infants. Visit astartemedical.com and nicutrition.com for more information. Visit nicutrition.com/just-for-parents for helpful information for NICU parents. Find us on LinkedIn and follow us on Twitter.